

# Our Gifts & Services



Inaugural Edition Fall 2014/Winter 2015



Dear Woman on Fire,

The idea, like a lot of the great ideas around here, came from a Women on Fire member, Michelle Whittaker.

“Could we please have a directory of the gifts and services our members offer so we can consider buying from them?” she asked.

**Awesome idea!**

What you see before you is our first Directory of Gifts and Services featuring our members. We are very excited to share this with you in time for the holidays.

This is not an endorsement or verification of accuracy of any of the gifts and services; it is simply a courtesy to share what our members offer.

As with any service and purchase, please check it out as you normally and prudently would.

Should you have missed our deadline and wish to participate in this free directory, you are welcome to in the future. We will update it in Spring 2015.

Thank you and our gratitude to Women on Fire Dee Martin for collecting and collating our members’ information and Lynn Forbes for recommending talented Rachel Rose as our graphic designer.

Enjoy and do let me know what you think! I welcome your suggestions and ideas for the next edition.

Love,

Debbie Phillips  
Founder  
Women on Fire®

# Health + Wellness Services

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## Yoga with Laurel

Yoga Teacher Training

## Wellness at Work

Yoga at Work

### LAUREL HODORY

00121

Laurelhodory.com

614-256-3647

Columbus, OH

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## Kelly A. Hurley

## Yoga Instructor

Professional Yoga instructions for individuals and groups

### KELLY A. HURLEY

00126

Kellyahurleyyoga.com

303-918-3931

Erie, CO

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## Bravo! Wellness, Inc.

Seasonal “real food” cleanses and essential oils

### JODI KRIZER GRABER

00102

Bravowellness.com

413-282-7286

New York, NY

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## Hypnalgessics, LLC – Comfort Talk

Book: Managing Your Medical Experience, Creator, Comfort Talk App

### ELVIRA LANG, M.D.

00012

Hypnalgessics.com

617-734-9087

Brookline, MA

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## Craving Your Potential Health Coaching

Holistic Health Coach

### AMY MARZLUFF

00149

Cravingyourpotential.com

614-560-7497

Columbus, OH

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## Health Source Chiropractic Progressive Rehab and Wellness

Chiropractic Care, Progressive Rehab, Weight Loss and Nutrition

### NATALIE MIGONI

00301

Healthsourceofavon.com

440-937-4222

Avon, OH

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## Live Big 365

Inspirational Integrative Yoga Therapy

### SUSAN PERRY

00073

Livebig-365.com

201-247-1473

Wayzata, MN

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## Institute of Holistic Health Careers

Holistic health online courses, teleclasses, supplements, essential oils, informational videos

### MARY JO RUGGIERI

00216

Holistichealthcareers.com

614-299-9438

Columbus, OH

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## The Lara Touch

Energy, healing, emotional freedom techniques, pain relief

### LARA RIGGIO (LICHAROWICZ)

00146

Thearatouch.com

917-261-7858

New York, NY

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## Carrie Saba Health Coaching

Word of the Year E-Book Health and Lifestyle Coaching

### CARRIE SABA

00039

Carriesaba.com

614-288-8781

Westerville, OH

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## Healthy Back Institute – Live Pain Free

Natural supplements and products to live pain-free

### MARIA VERROYE-CANNONE

00061

Losethebackpain.com

800-216-4908

Dripping Springs, TX

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# Coaching + Counseling

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## Balancing the Executive Life

Naam Yoga/Executive Coaching  
for Women

### KELLEY BLACK

00019

Balancingexec.com

917-586-5554

New York, NY

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## Game Changer Thinking

Mental Fitness and Mindful tools,  
2 for 1 WOF discount on CD +  
Book (\$19.95)

### DONNA KIM-BRAND

00084

Gamechangerthinking.com

561-246-3778

West Palm Beach, FL

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## Girls 2 Women Coaching, LLC

Career Strategist specializing in  
Women's Career Transitions

### BETH BRYCE

00079

Bethbryce.com

989-928-6343

Saginaw, MI

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## Bobbie Celeste, PhD

Counseling Psychologist

### BOBBIE CELESTE

00242

614-488-7455

Columbus, OH

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## Your Power Breakthrough

Intuitive healing and coaching  
services for women

### STEPHANIE DALFONZO

00241

Yourpowerbreakthrough.com

203-794-6186

Danbury, CT

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## Capim Santo Alchemy/ Dana Frost Life Coaching

Master-certified life coach;  
therapeutic essential oils;  
Prosperity Candles.

### DANA FROST

00138

Capimsantoalchemy.com and

Danafrost.com

Danafrost@me.com

Wilmette, IL

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## GECG, LLC

Work/life balance, executive  
coaching, leadership consulting

### SANDI GORDON

00193

Greatlifebalance.com

254-793-0101

Austin, TX

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## Results in Coaching

Coaching – Helping people to  
design a life they love

### SAI MALENA JIMENEZ-FOGARTY

00083

Malenajimenez.com

347-993-4550

New York, NY

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## Stephanie Kelleher, LCSW

Psychotherapist specializing in  
Cognitive Behavioral Therapy,  
Dialectical Behavior Therapy &  
Mindfulness approaches

### STEPHANIE KELLEHER

00350

Mindfulpsychotherapynyc.com

347-422-2255

New York, NY

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## Impact First

Coaching- We build mindful,  
impactful corporate and  
community leaders

### JENIFER MADSON

00041

Jenifermadson.com

720-375-2284

New York, NY

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## HSM Consultants

Career and Leadership  
development Coaching and  
Training

**HOLLY MCFARLAND**

00109

Holly.HSMconsult@gmail.com

614-403-4850

Columbus, OH

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## Motivating Other Moms

Membership community of  
mompreneurs; radio show host

**ROSEMARY NICKEL**

00058

Motivatingothermoms.com

727-433-8773

Tampa, FL

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## Results in Coaching

Training & Education for Life  
Coaches

**MANDY PRATT**

00023

Resultsincoaching.com

208-391-1314

Eagle, ID

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## LT Leadership Group, LLC

Leadership Coaching and Training  
for individuals and organizations

**LAURA L. TIBERI**

00086

614-284-5590

Westerville, OH

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## Insigniam

Leadership Performance  
Coaching for Executives, Teams &  
Organizations

**JUNE ZERINGUE**

00230

Insigniam.com

732-218-9491

Freehold, NJ

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## Food + Wine

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### Kristi's Key Lime Cookies

Gourmet Key Lime Cookies sent  
nationwide

**KIM CASCIERO**

00304

Kristiskeylimecookies.com

888-845-5003

Naples, FL

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### The Wine Coach

Wine books, accessories, Wine of  
the Month Club and tastings

**Laurie Forster**

00010

Thewinecoach.com

410-820-4212

Easton, MD

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## Cookies on Demand

Homemade artisan cookies  
delivered nationwide

**BECKY FREESE**

00197

Facebook.com/pages/Cookies-on-  
Demand/400462099968876?ref\_  
type=bookmark

419-485-0070

Montpelier, OH

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## Feed Me Phoebe

Food and Wellness, Writing and  
recipe development

**PHOEBE LAPINE**

00099

Feedmephoebe.com

917-520-6409

New York, NY

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## Heirloom Meals

Recipes and instructional cooking  
videos

**CAROLE MURKO**

00222

Heirloommeals.com

413-298-0173

Stockbridge, MA

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## Fleurir Chocolates

Handcrafted chocolates: mention Women on Fire and receive 10% off phone orders.

**MICHELLE WHITTAKER**

00064

Fleurirchocolates.com

703-838-9055

Alexandria, VA

# Creative + Events

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## Caren Cole Music, LLC

Writer of music for film, television, video games, website and advertising

**CAREN COLE**

00250

Carencolemusic.com

917-885-0227

New York, NY

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## The Festive Frog

Upscale and unique table/ glassware rentals for events

**KENDELL DEBOOM**

00188

Thefestivefrog.com

847-987-1711

Lake Bluff, IL

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## Captured Event, LLC

Photographer – Weddings, bar and bat mitzvah's, portraits & corporate events

**JOSIE DONATELLI**

00116

Capturedevent.com

908-922-3225

Tri State Area, NY/NJ

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## Dujardin Design Associates, Inc.

Green Interior Designer and Book Comfort Zone: Creating the Eco-Elegant Interior

**TRUDY DUJARDIN**

00115

Dujardindesign.com

203-838-8100 | 508-228-1120

Westport, CT | Nantucket, MA

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## Arthouse Design Studio

Print & Digital: design, advertising, branding, marketing and copywriting

**CHRISTA EAGLETON**

00190

Arthouselv.com

702-217-5340

Las Vegas, NV

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## Green Ink Gallery

Fine art, museum-quality floral prints and cards by artist Julia McLemore

**Julia McLemore**

00059

Greeninkgallery.com

614-395-2974

Charlevoix, MI

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## Francishafer.com

Art Director/Graphic Designer

**FRANCI SHAFER**

00309

Rosebrand.com

201-370-6894

Secaucus, NJ

# Home + Gifts

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## What Is In Your Name?

One-of-a-kind, custom Name  
Illustrations; great gifts

### ELIZABETH CASSIDY

00172

Elizabethcassidyart.com  
516-629-6838  
New York, NY

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## 5Linx Products

Products for your home, health  
and business

### AUDREY GREEN

00353

5linx.net/audreygreen  
941-928-3309  
Sarasota , FL

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## The Sign Zone

Word-of-the-year Graphics

### LORI OSINGA

00133

905-327-3710  
Ontario, Canada

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## Watercolor Paintings by Mary Lou Peters

Watercolor prints, cards and  
illustrated books

### MARY LOU PETERS

00200

Maryloupeters.com  
231-627-8069  
Mackinaw, MI

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# Business + Financial

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## Unique Benefits

Legal and Identity Theft Services –  
Business Opportunity

### SUE ADAMS

00144

Uniquebenefits.org  
989-928-4663  
Bay City, MI

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## The e-Course Whisperer: Your Partner in e-Course Creation

Co-Creating e-courses with  
experts, authors and coaches

### LAURA ARMER

00317

LArmer@swbell.net  
281-224-4862  
Houston, TX

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## GSF Mortgage

Mortgage Broker for the State of  
Florida

### KIM BOS

00287

Gogsf.com/loan\_officer/kim-bos/  
239-353-8515  
Naples, FL

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## Social Sage PR

Teaching entrepreneurs how to  
use social media and PR to grow  
their businesses

### DONNA CRAVOTTA

00245

Socialsagepr.com  
914-663-5266  
Bedford Hills, NY

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## PAVA, LLC

HR Consulting for Smaller  
Businesses

### MAR DULIK

00162

Yourpava.com  
704-274-5540  
Huntersville, NC

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**Margo Frazier- I am not just the lunch Lady**

Motivational Speaker/Customized Diversity Training and Content Review

**MARGO FRAZIER**

00069

Margofrazier@gmail.com  
281-770-6992  
Crump, TN

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**RE/MAX Beach Home Realty**

Real Estate Sales , Rental for Resort 2nd Home, Investment Properties

**ANNAMARIE GERMANIO**

00199

Annamarieg.com  
609-425-1800  
Sea Isle City, NJ

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**Assisting Virtually, LLC**

Virtual Assistant

**DEIRDRE MARTIN**

00158

Assistingvirtually.com  
908-577-6818  
Plainfield, NJ

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**McCaffery Communications, LLC**

Online/Offline strategic marketing, coaching and implementation

**SHANNON M. MCCAFFERY**

00008

Soulfulvisionmarketing.com  
888-856-6222  
Richmond, VA

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**McCoy Wealth Advisors**

Investment advisors

**LARAIN MCCOY**

00219

Mccoywealthadvisors.com  
614-746-7840  
Westerville, OH

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**Merrill Consulting Associates**

Coaching – Integrated behavioral solutions

**MARY CANTY MERRILL**

00251

Merrillca.com  
303-486-6861  
Greenwood Village, CO

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**American National Mortgage**

Mortgage Consultant  
Creating Facebook pages

**DAWN SCHELLER**

00354

530-949-5932  
Redding, CA

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**Success By Sprite**

Making good organizations better, person by person

**BRENDA SPRITE**

00299

517-282-7042  
Columbus, OH

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**Steeple Accounting Services**

Accounting  
Fraud Prevention Services for Churches

**MARY LOU TURNBULL**

00237

Steepleaccounting.com  
614-898-7139  
Columbus, OH

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**SAS Cargo**

Marketing/Relations Manager for air cargo company

**MARY BETH VALENZONA**

00355

Sascargo.com  
732-857-5553  
Rutherford, NJ

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**Vogel Bach, PC**

Law Firm that applies WOF principles of support, encouragement and resolution

**HEIKE M. VOGEL**

00114

Vogelbachpc.com  
212-519-9854  
New York, NY

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**The Wiggins Group**

Real Estate Sales

**MARY WIGGINS**

00118

Thewigginsgroup.com  
239-289-0575  
Naples, FL

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# Fashion + Accessories

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## Sitara's Wool Hats

Wool Hat Maker

**SITARA AHMED**

00312

727-871-9329

Belleair Beach, FL

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## Thirty-One Gifts

Stylish products for personal and family organization

**SUE ARMSTRONG**

00349

Mythirtyone.com/shalom

810-841-2605

Fort Gratiot, MI

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## Holly Getty Personal Style Consultant

Discover your personal style; shopping; Skype consultations

**HOLLY GETTY**

00007

Hollygetty.com

917-859-4715

New York, NY

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## Sokool Designs

One-of-a-kind handmade jewelry

**BEVERLEE SOKOL**

00343

Facebook – Sokool Designs

614-496-6417

Columbus, OH

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## Tolutina

New mom gift: Bombshell™ housecoat protects from messes

**CHRISTINA SIMPSON**

00169

Tolutina.com

310-849-0019

Los Angeles, CA

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## Thirty-One Gifts Independent Consultant

Fabulous totes, home organization solutions, purses, wallets and more

**TAMMY STEWART**

00327

Mythirtyone.com/tammy26

703-851-4069

Manassas, VA

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## Stella and Dot

Designer jewelry, handbags, wallets and scarves

**LESLEY WEIHS**

00337

Stelladot.com/ltweihs

410-726-6929

Salisbury, MD

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## Of Whonder

Fine apparel for women sizes 12-24

**CARMENCITA WHONDER**

00090

Ofwhonder.com

855-717-7111

New York, NY

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# Body + Beauty

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## Younique by Missie Crook

Healthy, Clean, Pure Cosmetics

**MISSIE CROOK**

00331

Thatlashgirl.com

425-754-1067

Everett, WA

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## Pure Romance by Mimi

Massage, bath, beauty, relationship and intimacy products

**MIMI MATTHEWS**

00056

Mimimatthews.pureromance.com

989-798-3313

Flint, MI

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## Nerium AD Brand Product

Nerium Skin Care Brand Partner

**LINDA MURDEN**

00263

Lindamurden.theneriumlook.com

614-202-7912

Columbus, OH

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## Books + Education

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### Upcoming book: A Mom's Guide To Life After Divorce

**BECKY ADAMS**

00094

BeckyAdams.net

1-800-450-5390 ext. 103

San Diego, CA

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## Amador Bilingual Voiceovers

Whimsical Bilingual Audiobooks and Music for Children

**ROSI AMADOR**

00209

Amadorbilingvoiceovers.com

617-492-1515

Cambridge, MA

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## Moments Meant to Savor

Moments Meant to Savor:  
A picture book for kids age 5-105

**KIM DETTMER**

00005

Momentsmeanttosavor.com

440-570-6148

Berea, OH

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## Deadly Switch: A Stone Suspense (autographed)

**KAREN DODD**

00236

Karendodd.com

604-612-4786

Vancouver, BC

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## SOAR Learning, Inc.

SOAR strategic Learning Skills  
Get better grades in less time

**SUSAN KRUGER**

00106

Studyskills.com/products/parents

-and-students/

800-390-SOAR

Lake Orion, MI

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## Mary Landberg

Keynote speaker/dynamic  
storyteller with a purpose

00218

Enduringlovebook.com

541-821-2129

Ashland, OR

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## M.A.J.I.C. Books

Fantasy Novels for girls, 10 and  
older

**KATIE MATTIE**

00320

Majicbooks.com

734-485-5347

Ypsilanti, MI

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## ET-1 Enterprises, LLC

Book: Remove Before Flight:  
Memoir of A Space Shuttle Team  
Member

**DIANNE PHILLIPS**

00071

RemoveBeforeFlightBook.com

239-370-6636

Harvest, AL

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## Women on Fire®

Book: Women on Fire: 21 Inspiring  
Women Share Their Life Secrets  
(and Save You Years of Struggle!)

**DEBBIE PHILLIPS**

00002

womenonfire.com

508-696-4949

West Tisbury, MA